HARPER, OBAMA SPLIT ON TRADE ISSUE, PG 4



Piven loses temper at mercury remark pa 18



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Metro reader opens up home to rescued cat

SunnySide

ADOPTION This cat will have a long nine lives if the start of his life is any indication.

Jackson, an eight-weekold kitten, found a home after Metro ran a story last week about the injured feline, who had to have his leg amputated after he was believed to have been kicked. A Metro reader contacted the organization after learning about the incident, according to Jackson's foster mother Bev Johnson.

"I'm happy to let everyone know that a lady saw the article and immediately put in an application to adopt Jackson," Johnson

"I saw her on Saturday and she's perfect. She already has a cat with an amputation that she adopted from the SPCA

> KRISTA SYLVESTER/ METRO CALGARY

Local pg 3

Police seek suspect in homicides

Business pg 8

TV bills set to rise in fall

Entertainment pg 16



Dance show steps up with new season

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China Typhoon devastates coast

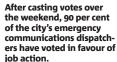


A resident pulls a makeshift raft to transport two girls across a flooded street yesterday after Typhoon Morakot hit Cangnan county of Wenzhou, Zhejiang province. The typhoon battered China's commercial east coast on Sunday, killing a child and flattening houses. Half a million people in the coastal Fujian province were moved to safer parts ahead of the typhoon's arrival, along with a similar number in neighbouring Zhejiang, Xinhua reported. More Coverage, page 6.

9-1-1 dispatchers **OK strike action**

90% vote to walk off job should discussions with city fail

AMY GREGSON for Metro Calgary



Karen Stoshnof, assistant business manager with the IBEW Local 254 union that represents the workers, said the numbers show there is

no split among employees.
"It is rather encouraging that membership has spoken, all with a singular purpose in this case, to give the authority to strike should it get to that point," said

Stoshnof said workers

will be done in such a way to ensure there is little impact on our response to calls."

Acting Deputy Chief Bob Ritchie, Calgary police

hope the situation doesn't go that far, with discussion talks scheduled from tomorrow to Friday. She is hopeful the discussions will go well with the assistance of an external facilitator.

The City of Calgary is also hoping the talks will go in the right direction and a decision will be reached before strike action is taken.

"Of course we're disappointed," said Shannon Carignan, spokesperson for the city. "We know we have

Carignan also said the city has no intention of asking the province to make the dispatchers an essential service, something Ald. Andre Chabot wants to see.

Calgary police are already preparing for a strike. Acting Deputy Chief Bob Ritchie said they have identified 100 workers who al-

ready have communication experience, with 24 of them being front-line officers.

"In the event of a strike, officer scheduling will be done in such a way to ensure there is little impact on our response to calls," said Ritchie. "However, there may be delays in responding to calls." non-emergency

Emergency communica-tions officers have 120 days to file a 72-hour strike vote to the city. The two outstanding issues deal with working conditions.

In 2008, the public safety communication centre handled one million emergency and non-emergency calls between police, fire and

Duck shooters plead guilty

AMY GREGSON for Metro Calgary

JUSTICE The three men responsible for a YouTube video in which they were seen shooting ducks out of season pleaded guilty in a Saskatchewan court yester-

David Fraser, James Fraser and Jeremy Rowlands were charged with violating several federal and provincial wildlife protection laws: Hunting migratory birds out of season, using a rifle to hunt migratory birds, careless discharge of a firearm and allowing edible game to be wasted.

A judge ordered the men to turn over their rifles and slapped them with fines the Frasers must pay \$5,000 each and

Rowlands must pay \$6,000.

"It was gratifying to see the hunting community and everyone else jump on board and use the tips program, said Darrell

caught." Carl Wagner, hunter

get

"I'm glad

it didn't

take that

long for

them to

Crabbe, executive director of the Saskatchewan Wildlife Federation.

Crabbe said that it is a rare occurrence in Saskatchewan, and that if it happened anywhere else people would still be disappointed.

Carl Wagner, an avid hunter, created the Facebook group Get the Poacher last week to help find those responsible, and he spoke with Metro about the arrest and charges.

"I think it's awesome," he said. "I'm glad it didn't take that long for them to get caught."

dedicated workers in that area, but we are committed and hopeful we will be able to make progress with the talks.



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An accident along the QE II north of Airdrie yesterday created havoc on the highway for drivers going north as the road was shut down for most of the day after a semi flipped around 5:30 a.m., according to RCMP. METRO CALGARY



Local



Tickets available to hear Dalai Lama

Calgarians still have a chance to hear the Dalai Lama speak when he visits the city for a two-day conference hosted by the University of Calgary on Sept. 30. Tickets are available for the public address at the Pengrowth Saddledome through ticketmaster.ca for \$55 each.

Calgary in brief

CHARGED Calgary police have charged a man in connection with two robberies that occurred at TD Canada Trust banks last week. Gregory Dwight Marshall, 33, has been charged and was also arrested for robberies in Edmonton and being unlawfully at large. SCHOOL The City of Calgary

Community and Neighbourhood Services and Staples are partnering once again with other community agencies to provide school supplies to low-income families. Families can register for the supplies by calling 3-1-1 or their neighbourhood community office until Aug. 20. Staples will be accepting cash donations and supplies.

FIRE Firefighters responded to a basement suite fire at 5908 - 28 Ave. NE shortly before 1 p.m. vesterday. Crews evacuated one adult and two children, who were treated by EMS for injuries due to smoke inhalation.

METRO CALGARY

Wanted Canada-wide Privers asked to slow

Suspect sought in New Year's Day triple murder

LAURENCE HEINEN

Year's Day.

Calgary police have issued a Canada-wide warrant for another suspect wanted in connection with a triple homicide on New

Police are seeking assistance from the public in locating Nicholas Rodrigo Hovanesian, 24, of Calgary, who is wanted for three counts of first-de-

gree murder.
"We don't know his whereabouts, that's why we're releasing the information in hopes that people with information will come forward," said Staff Sgt. Doug Andrus.

Hovanesian, who has connections in Calgary and



Staff Sgt. Doug Andrus from the homicide unit holds the picture of a man wanted on a Canada-wide warrant in connection with a New Year's Day triple homicide in the city.

Lethbridge, is described as a five-foot-11, 150-pound Hispanic male with black hair and brown eves.

Nathan Zuccherato, 22, Michael Joseph Roberto, 25, and Real Christian Honorio. have already been charged with first-degree murder in the shooting deaths of Sanjeev Mann, 22, Aaron Bendle, 21, and Keni Su'a, 43.

Anyone with information is urged to call Crime Stoppers at 1-800-222-8477.

down as students return

A Calgary principal is reminding motorists to slow down after many of his students returned to classes last week.

St. Joseph's School principal Frank Durante said drivers have been good about slowing down in front of the northwest Calgary school that's marked with year-round school zone

signs.
"They're pretty good in the community," Durante said. "Our transportation department downtown, they do a great job in dealing with those types of issues in letting police officers know and the community know that school's back in session at St. Joe's." Students at five other

Catholic schools in Calgary returned to classes as well last week, while 16 public

schools will open their doors on Aug. 17.

St. Joseph's is one of several schools in Calgary that offers a year-round, or modified, schedule for students, who get extended vacations at Christmas and Easter and two weeks off in October

> LAURENCE HEINEN/ FOR METRO CALGARY



Video Barack Obama criticizes those who think Canada makes "a good boogeyman" in U.S. health care debate at metronews.ca/ canada



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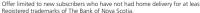
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Canwest to change ownership? Canwest Global Communications Corp., which is struggling under a debt load of nearly \$4 billion, has initiated talks with Canadian regulators on a possible ownership change, officials said yesterday. REUTERS

Canada



Man seeks to split reward with culprit

A Prince Edward Island man is hoping to cash in on a \$1-million reward EnCana offered for information leading to the arrest of the bomber who has been targeting the company's natural gas pipelines in northern B.C. by offering to share the prize cash with the culprit, CBC News On line is reporting. James Halstrum recently placed ads in several northern B.C. newspapers ask ing whoever is responsible for the bombings to contact him. The RCMP said the plan is illegal, because it's against the law for the bomber to profit from his or her crime. METRO NEWS SERVICES

News in brief

COURT A group of 14 women ski jumpers who are fighting to be included in the 2010

Vancouver Olympics are taking their battle to B.C.'s highest court. Ski jumping is the only

sport in the Winter Olympics not open to men and women In July, a B.C. Supreme Court

judge found the women were discriminated against, but held that the International Olympic

Committee wasn't subject to the Charter of Rights and Freedoms. METRO VANCOUVER

Obama, Harper differ on 'buy U.S.'

Leaders of the United States, Mexico and Canada vowed vesterday to fight the spread of influenza A (H1N1), also known as swine flu, and combat drug gangs but differed on trade disputes at their "three amigos" summit.

U.S. President Barack Obama, Mexican President Felipe Calderon and Canadian Prime Minister Stephen Harper met against a backdrop of an

H1N1

Facing the possibility of a

resurgence in

the H1N1 virus

this fall likely to

lead to more deaths,

pledged that their govern-ments will share

information and

their peoples on

how to prepare.

three

the

leaders

economic downturn country with a U.S. rebound key to a regional improvement.

"The global recession has cost iobs and hurt families from Toronto to Toledo to Tiiuana.

said Obama at a joint news conference as the leaders pledged to work together to prepare for a summit of 20 leading economies in Pittsburgh next month.

The three leaders vowed to respect the North American Free Trade Agreement that unites their countries in trade, but differed on some issues

Harper raised with Obama Canada's concerns about the "Buy American" provisions in the \$787-billion U.S. economic stimulus plan that the Canadians fear could shut out Canadian companies.

Canada is the United States' largest trading partner.

Obama said it was important to keep in mind that no sweeping protectionist measures have been imposed and that the "Buy American" provisions were limited to the stimulus and have "in no way endangered the billions of dollars in trade between our two countries.



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Tim Hortons distances self from anti-gay marriage rally

PAUL MCLEOD Metro Canada

RHODE ISLAND Facing a wave of criticism, Tim Hortons announced vesterday it was no longer associating its company with an upcoming anti-gay marriage rally being held in the United States

News spread quickly through websites and blogs yesterday morning that a Tim Hortons franchise in Rhode Island was sponsoring a fundraiser by the National Organization for Marriage, which is on record as opposing same-sex marriage.

The event billed as "Celebrate Marriage & Family Day" is taking place Sunday with the Tim Hortons logo on flyers

posters. When

contacted vesterday at its headquarters in Oakville, Ont., Tim



sponsorship. "Recently Tim Hortons was approached in Rhode Island to provide free coffee and products for a local event, as we do thousands of times a year." read a company press

"It has come to our attention that the Rhode Island event organizer and purpose of the event fall outside of our sponsorship guidelines. As such, Tim Hortons cannot provide support at the event.

The company's website said it has policies against religious groups, political affiliates or lobby groups.

The press release did not address the nature of the rally, but did say Tim Hortons has "always welcomed all families and communities to its restaurants and will continue to do so.

News in brief

B.C. FIRE The cooler, humid weather in the British Columbia interior is helping firefighters get a handle on some of the massive wildfires there, but they haven't yet been blessed with much-needed rain. Fires are still roaring in Lillooet's Mount McLean and Kelowna's Terrace Mountain.

METRO CANADA

Harper blasted on refugee system remarks

The refugee system is only broken because the federal government has taken too long to give it the resources needed to tackle a backlog of claims, critics argued yesterday.

They were reacting to a statement by Prime Minister Stephen Harper that a dysfunctional refugee system, which he said encourages illegitimate claims, is the reason behind a new visa requirement straining Canada-Mexico relations.

Auditor General Sheila Fraser said in her March report that the Immigration and Refugee Board saw a significant decrease in its number of decision-makers

"The government has really got quite a lot of nerve to attack the system..."

Janet Dench, Canadian Council for Refugees

beginning in the second quarter of the fiscal 2006/2007 and at one point was operating with a 35 per cent vacancy rate

Critics say the shortage is to blame for a backlog of pending claims the Treasury Board expects to grow up to 94,000 by the end of

"The government has really got quite a lot of nerve to attack the system for having a backlog when they themselves are the key reason that a backlog exists," said Janet Dench, executive director of the Canadian Council for Refugees. Torstar News Service



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iii booth







6

About 200 women marched through Kathmandu yesterday to denounce a government scheme to pay cash incentives to men for marrying widows, witnesses said. Nepal's centre-left coalition announced a plan last month to pay men the equivalent of \$650 US for marrying widows, angering the widows. REUTERS

World



Sarkozy seeks release of French teacher

assistant, who is a defendant in a mass trial in Iran, his office said yesterday. An Iranian court has charged Clotilde Reiss, left, along with dozens of other detainees of spying and helping a Western plot to overthrow the government.

Typhoon triggers deadly mudslide

A mudslide triggered by torrential rains from a ty phoon may have buried up to 600 villagers in mountainous southern Taiwan, disaster officials said yesterday.

More than 50 people have died in tropical storms striking the Phillipines, Taiwan, China and Japan.

The death toll so far in Taiwan stood at 15, with 55 missing and 32 hurt, since Typhoon Morakot struck the island on Friday and remained in the area through the weekend before battering China's populous east coast. Rescue squads aboard helicopters had saved only 45 people from Hsiao Lin, a village of 1,000 in southern Taiwan. Rains washed out

Storm toll

• Typhoon Morakot killed 22 people in the Philippines. In China, it damaged more than 1,800 houses in the province of Zhejiang and killed at least one child, the official Xinhua news agency said. One million people were evacuated in China before the storm made landfall.

roads and bridges in Kaohsiung County, severing all land vehicle traffic.

"No small number of single-storey houses have been covered in mudslides," said Richard Hu, an army major-general. "We don't know how many people are there, but homes have definitely been buried." Local officials said they had lost contact with up to 600 villagers, with inclement weather reducing even helicopter access. The storm caused floods in Taiwan's denselypopulated south and farmrelated losses on the island were estimated at \$128 mil-

In Japan, tropical storm Etau was fast approaching and more than 47,000 residents of western regions were told to leave their

homes, national broadcaster NHK reported.

At least 12 people were killed in Hyogo, western Japan, a police official said, while providing no further REUTERS

Playing politics in Germany Is bigger better?



A campaign poster for the upcoming German election with the words "We have more to offer" shows current Chancellor Angela Merkel, left, of the conservative Christian Democratic Union party (CDU) and Vera Lengsfeld, candidate of the CDU at Berlin's Friedrichshain-Kreuzberg district

Smuggler plotted to kill Calderon: Police

DRUG WAR Mexico has captured a drug smuggler believed to have been plotting to assassinate President Felipe Calderon in revenge for the army's crackdown on trafficking, a senior police official said yesterday.

Dimas Diaz, a mid-ranking member of the Sinaloa cartel in northwestern Mexico, was arrested Sunday with four other traffickers. Calderon and his family

have received death threats since he launched his drug war in December 2006.

The president has sent thousands of troops to crush drug gangs, which have become a huge barrier to Mexico's development and a serious threat to na-

tional security.
Calderon, holding talks
with Prime Minister Stephen Harper and U.S.

murdered in Mexico since President Felipe Calderon declared war on drug cartels in late 2006.

President Barack Obama in western Mexico, said he had no specific details of any plan to attack him but brushed off drug gang threats.

"It's not the first time and it won't be the last that there is talk about an at-tempt on my life," he told reporters. "What the criminals basically want is for the authorities to stop. They know we are destroying their criminal structures. REUTERS

Islamists pulling teeth: Residents

Nepalese widows protest marriage incentive

SOMALIA Somali Islamist group al Shabaab is forcibly removing gold and silver teeth from residents in southern Somalia because it says they contravene strict religious law, locals from a coastal town said yesterday. Residents in Marka say al Shabaab has been rounding up anyone seen with a silver or gold tooth and taking them to a masked man who then rips them out using basic tools.

"I never thought al Shabaab would see my denture as a sin. They took me to their station and removed my silver tooth,' resident Bashir told Reuters.

Al Shabaab officials declined to comment. The Islamist group says the gold and silver teeth are used for fashion and beauty, which is against strict interpretations of Islam, residents told Reuters. REUTERS

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Comment

Tough times for Amigos



he Three Amigos are getting a bit testy, where the Mexican mini-summit revealed some friction

Mexican President Felipe Calderon made clear his opposition to Stephen Harper's introduction of a visa requirement for Mexicans, saying it was bad for relations. U.S. President Barack Obama made it clear he was getting a little tired of Harper's complaints over how Buy American laws hurt Canadian exporters.

It may have been just an incidental slip, but it was interesting how the U.S. president referred at the press conference to the Mexican leader as his "great friend" and Harper

as his "good friend." He also went out of his way to compliment Calderon on his climate change efforts while not doing the same for Harper.

If there was friction among the Amigos it should come as no surprise. The days of a smooth functioning NAFTA agreement are over. With the advent of China, the days when Canada had few other good alternatives for trade than the United States are over. The 9-11 calamity has changed the dynamic at the border, perhaps permanently. As well, there is the deep American recession, which isn't helping the bilateral

spirit. And with regards to Mexico, the immigration problem can't help but make things difficult.

For political purposes, Harper has to get along well with Obama because the U.S. president is so popular in Canada. But on an issue-by-issue basis, on a political philosophy basis and on a personality basis the two men cannot be expected to find the going too easy. On the thickening of the border issue as well as the Buy American issue, there was no signal yesterday that Obama would be doing Canada any favours.

At the end of the



sensing perhaps a need to leave on a nice note, Harper went out of his way to compliment Obama on his handling of the leadership crisis in Honduras

That was smart. On Mexico, however, he clearly made a misstep in his timing of the announcement — shortly before this summit — of the visa requirement. Though the PM's position is perhaps defensible he should have known how his timing would only showcase the controversy. It did — and led to Harper, in order to ease the tensions, having to announce the whole matter was Canada's fault.

With the U.S. and with Mexico, these aren't easy times for Ottawa. But Canadians should get used to it. It's a new era. Given the changing dynamic on the continent, the Three Amigos billing is Pollyannaish.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

Views

Problems with refugee system are many



Martin Collacott

Immigration Minister Jason Kenney was absolutely right when he imposed visa requirements on visitors from the Czech Republic and Mexico. Canada was being pummelled with thousands of refugee claimants that virtually no other country in the world would allow to make claims.

Prime Minister Stephen Harper was equally correct when he told Mexican President Felipe Calderon that the reason why visas had become necessary was because Canada's refugee system encouraged bogus claims and had to be changed.

It has been clear since the

current refugee determination was put in place nearly two decades ago that it is highly dysfunctional. While the auditor general of Canada, among others, has documented its shortcomings in detail, no one has been prepared to take on the powerful Canadian refugee lobby, which keeps insisting we are far too stingy when it comes to accepting those seeking asylum.

We are the most generous country in the world in welcoming refugees. We accept 50 per cent of those who make claims in Canada (compared to an average of 12 to 15 per cent for other Western countries) and on a per capita basis we grant refugee status to four or five times the number that others do. We also provide the most generous package of

benefits — a fact that makes us a highly attractive destination for asylum shoppers.

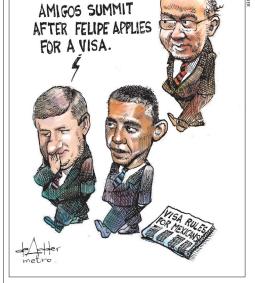
The problems with the current system are many. To begin with, we allow far too many people to make claims, thus clogging the system and slowing down the processing of claims that have merit.

We also need to reduce the multitude of appeals and reviews available to failed claimants to a single substantive reappraisal of their case. Under the current system they are able to avoid removal for years by means of serial reviews and appeals. All of these should be bundled into a single one-stop process so that those whose claims were rejected know quickly if they will be allowed to stay here permanently or will be removed without delay if the review is not favourable.

Whether the government will be able to make any substantive changes to refugee policy remains to be seen. The opposition parties have not been co-operative when it comes to reforming the system and, in fact, have been attempting to complicate it further by adding yet a further layer of appeal without first clearing up the existing mess.

Canadians, however, are increasingly aware that the refugee system is badly in need of a complete overhaul and those who try to block it could well pay a price in terms of electoral support.

Martin Collacott is a senior fellow at the Fraser Institute in Vancouver and former Canadian ambassador in Asia and the Middle East.



Worth mentioning

Cash-strapped Cuba short on toilet paper

Cuba, in the grip of a serious economic crisis, is running short of toilet paper and may not get sufficient supplies until the end of the year, officials with state-run companies said recently.

Officials said they were lowering the prices of 24 basic goods to help Cubans get through the difficulties provoked in part by the global financial crisis and three destructive

structive hurricanes that struck the island last year.

Cuba's financial reserves
have been depleted by increased spending
for imports and reduced
export income, which has
forced the communist-led
government to take extraordinary measures to
keep the economy afloat.

"The corporation has

taken all the steps so that at the end of the year there will be an important importation of toilet paper," an official with state conglomerate Cimex said on state-run Radio Rebelde.

The shipment will enable the state-run company "to supply this demand that to-

mand that today is presenting problems," he said.

Cuba both imports toilet paper and produces its own, but does not currently have enough raw materials to make it, he said.

One of the measures taken to address the cash crunch is a 20 per cent cut in imports, which in recent days has become evident in the reduction of goods in state-run stores.

REUTER

21% SAID YES

Metro Online Poll Results Should Canada send the RCMP

to help fight Mexico's drug war?

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NASA to spend \$50M on developing space tourism

NASA plans to use \$50 million US of federal economic stimulus funds to seed development of commercial passenger transportation service to space, agency officials said yesterday. REUTERS

Business **DOLLAR** GAS OIL **TSX** US **91.85**¢ US \$2.645 US \$70.63 10,793.67 US .55¢ US 1.140¢ US .33¢ 91.66

If you watch TV, you'll pay more this fall

Stay tuned folks: Watching television is about to get more expensive — again.
Cable and satellite bills

are set to rise this fall as those TV service providers begin collecting a mandatory new fee to subsidize local stations in small markets across Canada

Cable giant Rogers Com-

Canadian Radio-television

and Telecommunications than one million people.

Rogers will dub it the "CRTC LPIF fee" on its invoices. That not-so-subtle fee-for-carriage

Rogers Communications Inc. is charging 1.5% of their recurring TV monthly service fee dubbed the CRTC LPIF fee.

which could further inflate

satellite companies and

would contribute one per cent of their gross broadcasting revenues to the fund. Last month, however, the CRTC decided to raise funding to 1.5 per cent as a the upcoming year. The CRTC plans to review the funding next spring.

Boeing receives

for Chinooks

AIRCRAFT The Canadian government announced

yesterday it has signed a contract to purchase 15

Chinook helicopters from

U.S. aircraft group Boeing for about \$1.2 billion, a

direct impact on the Nova Scotia economy.
The contract announced

yesterday at IMP Aerospa-

ce in Enfield near Halifax

support and maintenance valued at \$2.2 billion.

Boeing issued a press re-

lease and said they,re com-

mitted to re-investing the full contract value into the

Canadian economy, with

more than \$76 million US

going to companies in At-

lantic Canada such as No-

Dalhousie University and

A federal government

ent analyst found the contract will help local

5,500 jobs across the coun-

METRO CANADA

release said an independ-

economies and create

va Scotia based IMP,

Apex Industries.

also includes 20 years of

move that will have a

Canadian contract

TORSTAR NEWS SERVICE

Chief Nortel exec to step down amid major losses

WIRELESS Nortel Networks said yesterday its chief executive will step down immediately and its board will shrink from nine directors to three as the bankrupt telecom equipment maker sheds assets.

Toronto-based Nortel, once North America's largest maker of telep-

Execs

• The three remaining directors are Mac-Naughton, Jalvnn Bennett. and David Richardson, who serve as chair-

hone gear, also posted a bigger quarterly loss due to big reorganization costs and plunging sales. The departure of CEO Mike

will Zafirovski man. had been expected since the company filed

for court protection from creditors at the start of this year. "There is very little for Mike to do — for any CEO to do — at Nortel at this time in terms of strategy

or operations or even cost-cutting or sales," said Duncan Stewart, analyst at DSAM Consulting. Nortel said it lost \$274 million in the second

quarter. That was worse than the loss of \$113 million in the year-before quarter.

Zafirovski joined Nortel in 2005 after a stint as president and chief operating officer at Motorola Inc. Many had hoped he could turn Nortel into a profitable and stable company. Instead, Nortel filed for protection from creditors in January, saying the recession derailed its recovery. REUTERS

munications Inc. is sending a strongly worded letter warning customers to expect a new charge worth 1.5 per cent of their recurring TV monthly service fee starting in September. The cost relates to the Local Programming Improvement Fund, created by the

Commission to subsidize stations in markets of less

tactic comes as the industry prepares for CRTC hearings on the contentious

"The message is: You should be vigilant, consumers, about how much governments are imposing on you," said Rogers' vice-chair Phil Lind yesterday.

The CRTC established the fund in October 2008. It was envisioned that cable 'temporary measure" for



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Kenva Four months at sea



Crew members of German container ship Hansa Stavanger arrive at the Moi airport in Mombasa yesterday. Hansa Stavanger, which was held by Somali pirates for four months, arrived at Kenya's Mombasa port on Saturday after a \$2.7 million US ransom was paid for the release of its 24 crew.

Rio Tinto shares drop on China spying allegations

MINING Shares in global miner Rio Tinto Plc./Ltd. fell yesterday after China stepped up its spying allegations against the company, although Australia's Foreign Ministry said the latest accusations were nothing new.

China's state secrets agency said on its website at the weekend that Rio Tinto had spied on Chinese steel mills for six years, resulting in the mills overpaying \$102 billion US for iron ore, Rio Tinto's biggest earner.

Rio Tinto declined to comment on the accusations, which followed China's detention a month

Down worldwide

Dual-listed Rio Tinto shares were down 2.6 per cent at 2,359 pence in London, having closed 3.3 per cent lower at \$58.55 AU in Sydney.

ago of four Rio employees in Shanghai, including Australian Stern Hu, on suspicion of stealing state secrets.

The company said last

month its employees had done nothing wrong. The men remain in detention and have yet to be charged. REUTERS

Business in brief

INTERNET Social networking giant Facebook said it will acquire FriendFeed, an up-andcoming social media startup. Terms of the deal were not disclosed, but Facebook said FriendFeed would operate normally for the time being as the teams determine long-term plans. FriendFeed lets people share content online in real time across various social networks and blogs.

AUTO General Motors Co. and EBay Inc. said yesterday that they launched a test program in California that will allow consumers to negotiate with dealers and buy vehicles online through gm.ebay.com. More than 225 GM dealers in California are participating in the program. REUTERS

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what you can, early. The interest charged on your next statement will be based on a smaller outstanding balance, NEWS CANADA

Graduate in the black

But financial planning key to ensure future success

BRIAN COULTON for Metro Canada

It can be a period of firsts for students graduating high school, including their first time living away from home and attending college or university. But what many students aren't prepared for is the first time they have to manage their own finances.

A survey of Ontario students aged 14 to 18 conducted by the Investor Education Fund, an Ontario Securities Commission initiative to help people properly use financial information, found that less than half of those surveyed knew how to create a budget, and just 38 per cent felt prepared to manage their money after high school.

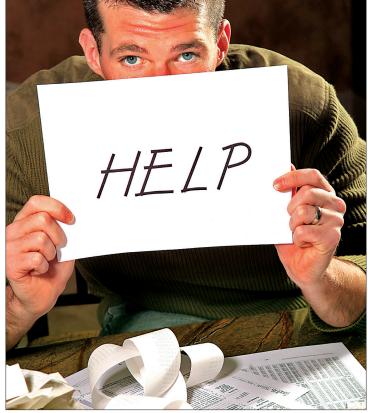
"Money management skills directly affect a person's ability to meet financial needs in the future, said Perry Quinton, the fund's Toronto-based vicepresident. So, whether it's buying a home, vehicle or business in the future. poor financial decisions today can compromise those abilities tomorrow. "When vou're at this stage, the money's there and it's about spending it. don't really think of the long-term consequences," she said.

And while post-secondary students popularly enter debt because of student loans and credit cards, Murray Baker believes it is possible to graduate in the black.

For students to balance their budgets, the Vancouver-based author of The Debt-Free Graduate recommends creating a "roadmap" for the year, detailing when they'll receive income from student loans, savings and summer jobs.

"You can look ahead and say, 'It looks like I'm going to be short by this month. Then you can take steps ahead of time," he said. "That leaves it a lot less stressful for students and gives them time to focus on their academics.'

"Money management skills directly affect a person's ability to meet financial needs in the future."



With a little planning, you don't have to end up overwhelmed by debt after you graduate.

For students who must borrow money to cover expenses, Murray suggests considering a credit card only as a last resort, and obtaining student loans first. "Student loans are the best option, not only because the interest rate is regulated by the government, but, if you run into difficulty paying off the

loan later on, there are a lot of mechanisms for student relief?

But credit cards can help students with those aforementioned long-term goals, said Elena Jara, education co-ordinator for non-profit credit counselling agency Credit Canada. However she suggests starting small, so students

aren't tempted to get too deep into debt and generate an adverse effect.

"If they're working parttime and get a credit card with a very small credit limit — maybe \$300 to \$500 — this will allow them to, within time, build a credit rating and learn to manage that credit card

Tips to avoid a rainy day

Statistics Canada estimates the average university student paid \$4,724 in tuition last year, and the associated costs of school go far beyond protractors and erasers.

Financial and insurance experts offer the following tips students and their families can take to lower potential expenditures:

- · Students who are away at school and are living outside the family home temporarily are usually still covered for up to \$10,000 in belongings by their parents' home insurance policy. In most cases, this will negate the need for their own tenant policy. However, students who sign a lease should obtain their own tenant policy for insurance of belongings and personal liability on the rented premises.
- For students who need their own policy, tenant insurance can be had for as low as \$100 for the year. And while many think they don't have much to protect, consider this: Just the cost of replacing your entire wardrobe could amount to thousands of dollars
- Some auto insurance companies offer discounts to customers who have children attending school away from home. In some provinces, families can save as much as 50 per cent in secondary driver insurance costs. **NEWS CANADA**



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Unlike most of its competitors, InsuranceHotline.com does not sell insurance, is not a licensed broker or agent, and is not owned in whole or in part by an insurance company, agent or brokerage. This allows InsuranceHotline.com to be completely unbiased when providing insurance quotes and keeps its focus solely on finding the lowest insurance rates for consumers

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I Accident	\$1,849	\$3,753	\$1,904					





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10 business

Allan Small's Investing column

How long can the rally in North American markets last? Visit metronews.ca/investing for Allan Small's column.

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Deciding to flip?



t's the four letter Fword all over again. Flip. Not flip as in flipping the bird (a.k.a. giving the finger), but flip as in quick and easy bucks in real estate.

After more than a year of doom and gloom on the property pages, repressed editors are now positively shrieking with glee whenever they can report a return to bidding wars.

Real estate bidding wars belong to the post-techbust world and an anything-but-the-stock-market attitude to investing. With that trend came a wave of and half a flippers dozen real estate shows to pump them up.

I don't recommend flipping as a wealth generating tactic for the average person because it is far too emotional decisions. Neophyte flippers also often forget to factor in costs such as land transfer taxes and capital gains.

But if you are determined to try your hand as a property mogul, take a business-like approach and pay attention

to the three basics. Location still rules. In major centres, focus on ar-

eas close to transit, schools, parks and services. But choose neighbourhoods a little down at the mouth or on the fringe. If real estate zooms they will be the target of buyers who can't afford the primo addresses.

Condition is critical. Do a thorough assessment of the big buck items; roof, insulation, furnace, exterior drainage, foundation and evidence of termites or carpenter ants.

fixed cheaply or covered Alison's with a coats Money paint. Dο Rule. comparison shopping. A

 Don't turn a property flip into a flop by ignoring the basic rules of real estate. Location, condition and neighbourhood comparisons rule profits.

> are on the verge of up and coming yet still have a large stock of modest homes.

> If you intend to buy and hold, it's a different story. Over time neighbourhoods are discovered, big ticket repairs can be amortized and humble abodes catch up to the mansion on the corner. But if you must flip ignore location, condition and comparison at vour peril.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network.
Write to her at alison@alisongriffiths.ca.

Stock up on optimism

I am a single male in his early 30s. I am deeply troubled about the impact this recession may have on my job and lifestyle. My income is fixed with very little savings. I constantly read about all the layoffs. Should I have a more opti-

mistic approach?

-Dale, B.C. The media does a great job reporting bad news because it's what many tune in for. What's more interesting: "100 families lose jobs, homes, must live in homeless shelters" or "Mom buys new mini-van to drive

kids to dance class"? Personally, I see the glass as half full. However, optimism is not a bubble that is oblivious to world economic issues.

This may be an opportunity to look closer at your work ethic, organize priorities and formulate a contingency plan.

Individuals cannot eliminate the anxiety of losing a job, or how to pay next month's mortgage, but can take steps to manage stress.

- Sit back and take inventory
- Create a budget
- · Be objective and cut unnecessary expenses
- Have an emergency fund, savings account or start a Tax Free Savings Account
 - Reduce use of credit



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- in your job Henry Choo Chong, CGA, can be reached at choochonghcga@yahoo.ca.

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Noel Butler of Oranges at Halftime joins It's Called Football to discuss MLS expansion to Montreal. Watch the show at metronews.ca/blogs.

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metro

Sports

Nadal's knees pass test

Rafa returns to action as Rogers Cup opens in Montreal

Rafael Nadal's tender knees passed their first test when the Spaniard returned to action yesterday in a doubles win at the Rogers Cup in Montreal.

Sidelined for more than two months with tendonitis in both knees, Nadal looked fit and showed no signs of pain as he teamed up with coach Francisco Roig to beat Serbian duo Novak Djokovic and Dusan Vemic 7-5, 6-4.

"It's great to be back and I had a lot of fun playing with Francisco," Nadal told reporters. "A win is a win and doubles is fun and important so I am happy about the way it

Tough draw for Canadian

Frederic Niemeyer of Deauville, Que., advanced to the second round of the Rogers Cup yesterday with a 7-5. 6-1 upset of 39th seed laor Kunitsyn of Russia yesterday in

Niemeyer, ranked 487th in the world, will now be the first opponent for top-ranked Roger Federer since he won Wimbledon on July 6.

went today.
"I am really looking forward to playing singles on Wednesday."

It was a positive first step in what is expected to be a testing comeback for the 23-year-old Spaniard, who opens defence of this Montreal crown with a round clash second against either compatriot

David Ferrer or Serb Viktor Troicki.

Playing his first event since being stunned in the fourth round of the French Open on May 31, much has changed for Nadal as rival Roger Federer took his French Open and Wimbledon titles along with the world No. 1 ranking. REUTERS

Kane lays low after robbery charges

NHL With Patrick Kane holed up, apparently, in his parents' Buffalo home, the controversy surrounding an alleged beating of a cab driver over pocket change swirled around him.

The budding superstar must appear in a Buffalo court next Monday to face charges of felony robbery and misdemeanour counts of theft of services and criminal mischief instead of attending the opening of

Team USA's Olympic camp. Kane has hired one of Buffalo's top lawyers, James Cambria Jr., while the victim, taxi driver Jan Radecki, hired lawyer Andrew LoTempi. Cambria and LoTempio both suggested the matter could be over with quickly.

TORSTAR NEWS SERVICES

Blue Jays **Yankees' streak snapped**



Yankees catcher Jose Molina dives to tag, but Toronto's runner Vernon Wells scores standing up in the fourth inning of the Blue Jays' 5-4 win over New York last night at Yankee Stadium. With the win, the Jays snapped the Yankees' seven-game winning streak.

Sports in brief

BLUE JAYS The Chicago White Sox claimed outfielder Alex Rios off waivers from Toronto, and the Blue Jays opted to rid themselves of the high-priced slugger for nothing in exchange. Rios is in the first year of a six-year, \$64-million extension he signed last April. FORMULA ONE Michael Schumacher will test Ferrari's 2007 race car again this week in preparation for his return to Formula One as a replacement for the injured Felipe Massa. The seven-time world champion cannot try out this season's car before the European Grand Prix in Valencia on Aug. 23 be-

cause track testing is banned during the season.

EAGLES Philadelphia Eagles backup quarterback Kevin Kolb reportedly suffered a sprained left MCL during practice yesterday. Kolb was hurt during a non-contact session and left the field on a cart.

CELTICS The Boston Celtics announced yesterday that they have re-signed forward Glen "Big Baby" Davis. Per team policy, terms of the contract were not disclosed. According to The Boston Globe, Davis' deal is for two years and is worth \$6.3 million.

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Learning Curve

Orientation meant to ease students' nerves

AMY GREGSON for Metro Calgary

The transition from high school to university can be a difficult one, but the University of Calgary's fall orientation for the class of 2013 is designed to ease that process.

Fall orientation, in its 13th year, runs for four days with an optional fifth, said Greta Hall, co-ordinator for student development and orientation, because they realize it takes a few days to feel like stu-dents belong on campus.

"The transition to university can be very over-whelming," said Hall. "We know that students who get involved and feel connected to their campus often do better."

The week starts off with an induction ceremony,



Orientation activites can be a great way to make friends.

which Hall said is like reverse convocation. This year's keynote speaker is Vincent Lam, who wrote Bloodletting and Miraculous Cures.

Lam will be talking to students about the transition to university and give them tips on succeeding.

After the ceremony, orientation week tries to promote both the social and academic sides of campus.

Hall said that this year they are adding more social events because students in the past have asked for them.

"When you have such a large class of incoming students, you want them to feel connected to their campus and start that community building,"

This year's social events include a trip to Ikea, a presentation by the improv group Loose Moose, inter-faculty games, and Rock the Rock, where they will christen the third and new rock, which displays messages on campus.

There are also academic events such as faculty-specific orientations, sessions on academic and career success, as well as getting involved with the co-circular experience. Hall said a main focus is

on how to be a good university student.

Fall orientation follows up the first summer orientation the U of C had,

where students could attend sessions on campus life, class registration, and learn key skills so they are ready for school, Hall said.

Fall orientation runs for Aug. 31 to Sept. 4. Classes start Sept. 8.

more, For ucalgary.ca/orientation.



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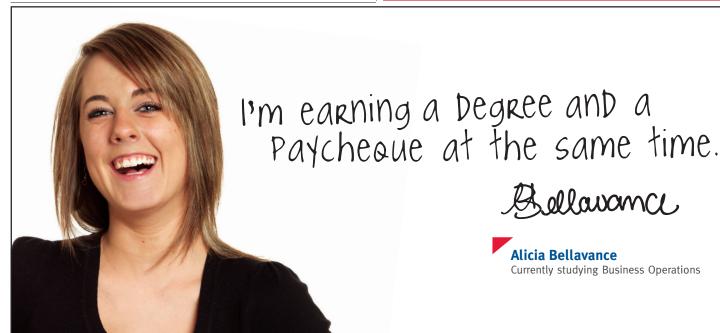
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f there's one lesson young women everywhere learned from John Hughes films it's this: Don't give a boy your underpants. Ever.

As you've no doubt heard by now, director John Hughes, the master of some the most influential

teenage drama films of our, or at least of my, generation - Pretty in Pink, Sixteen Candles, Breakfast The Club, Ferris Bueller's Day - died last Off

blog online at

week week of a heart attack at age 59.

Hughes created a world run metronews.ca/ bv teens (do adults really matter when you're a teen, after all?).

There was less sex farce and more true sexual angst than we see in today's teen sex comedy/dramas (American Pie anyone?). He had a way of captivating that fleeting period (of course, at the time, it feels it will never end) when your emotions

in all their overly dramatic. roller coaster glory completely dictate your entire

He reflected the hierarchy of teen social life - cool people rule, **Prostitution** geeks are outamong chimps? casts, the girls al-Read Josey's

ways went for the yuppies or the bad boy while the nerdy-but-nice

Go for a light kiss

boys were left on the sidelines.

But he also exposed the vulnerability of this hierarchy and cracked teenage life open to show us what it was really about, that is, a bunch of insecure. inexperienced, sexually curious young people jostling for social position and acceptance. Without making it too realistic, which would just be depressing (watch the documentary Kids, and you'll know what I mean).

After all, no teen in real life would say what Andrew McCarthy's preppie richboy character, Blane, says to Molly Ringwald's character, Andie, a girl from the "wrong side of the tracks" in 1986's Pretty in Pink: "You said you couldn't be with someone who didn't believe in you. Well I believed in you. I just didn't believe in myself. I love you. Always.'

By making teenage life more exaggerated, funnier, and more entertaining, Hughes' allowed us to shudder at the pain but ultimately to laugh at the absurdity

Which is perhaps why it is still so satisfying to watch these films as an adult (something the movie channels obviously understand given how often they air them). As a teen, you're too busy being a sexually confused, angst-ridden, insecure teenager to really appreciate the perspective he offered.

As an adult, you've made it through to the other side. You realize that, as adults, the pretty girls, the bad boys, the nerds and the geeks all end up on a more even playing field.

Though I still wouldn't give a boy my underpants.

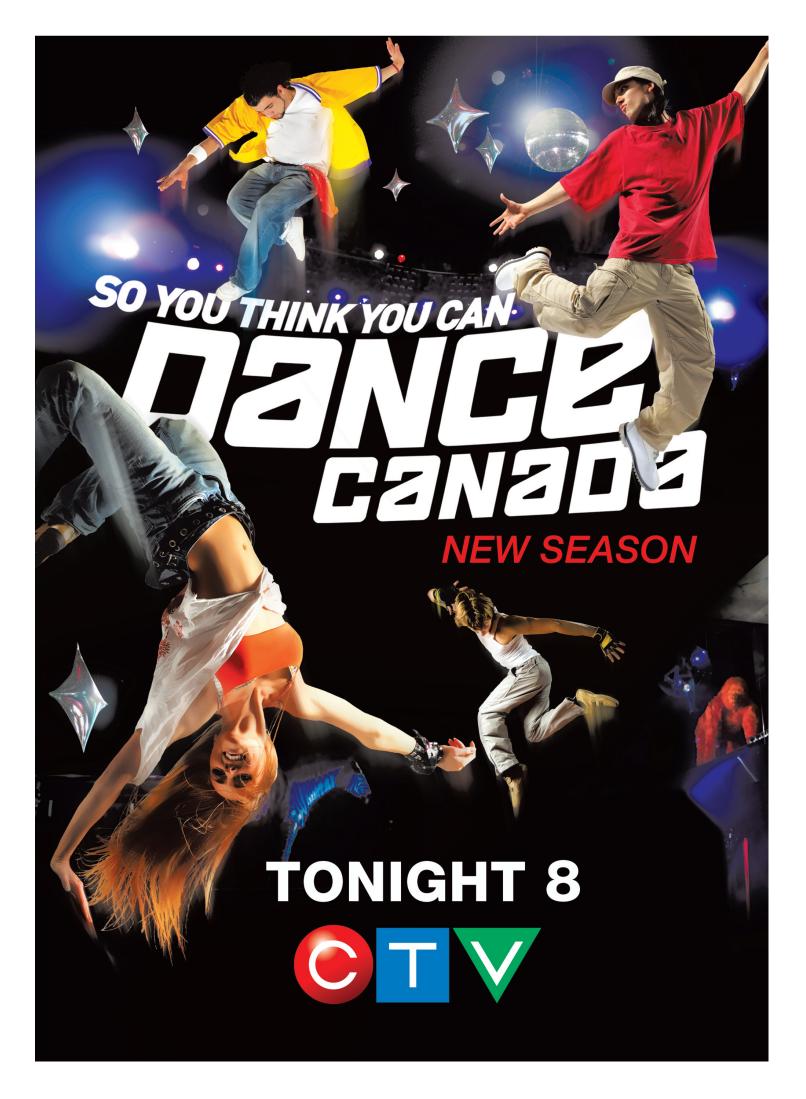
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Josey Vogels is a sex and relationship colum-nist and author of five books on the subjects. For more info, visit joseyvogels.com.



16

Following Stephen Chow's departure, the Kato-shaped gap in Michel Gondry's Green Hornet has now been filled, says Variety. Jay Chou will fill Bruce Lee's shoes as the chauffeur, alongside Seth Rogen as the titular vigilante newspaper tycoon. EMPIREONLINE.COM

Entertainment



an episode of Supernatural. "Paris Hilton is playing a demonic creature that takes the form of ... Paris Hilton,' said creator and executive producer Eric Kripke. TVGUIDE COL

One step at a time

When So You Think You Can Dance Canada host Leah Miller saw show winner Nico Archambault audition for the program in Montreal, an inkling surfaced within her that said, "He could win this."

"He was a real standout," she said. But after viewing many auditions for the show's second season including dancers in genres absent last year — Miller maintains the quality is so high, it's anybody's

The televised dance competition's second season kicks off with a two-night premiere, airing over four hours tonight and tomorrow on CTV. The launch will showcase auditions

held in Toronto, Vancouver and Saint John, N.B., earlier this year, before heading to Montreal and Edmonton next week.

High quality means there's no time to show "bad talent," said Miller, which she marks as the leading difference between the show's Canadian and American editions.

"We don't really have people who show up that just want to be on TV," she said. "The people that come, even if they aren't as talented or technically trained, really believe they're good and they're passionate about it. Some of them are from small towns that don't have dance studios and they learned how to dance from watching videos YouTube.

Regardless of the back-

ground of the dancers who advance, however, returning judge Tré Armstrong said she won't hesitate to bluntly speak her mind to contestants during weekly episodes.

"Sometimes you've got to take it in a harsh way where you take all the fluff out and just tell it how it is," she said. "I'll al-

ways be caring, So You Think but at the same You Can Dance time, people Canada airs learn being from tonight and told the truth tomorrow

motto Her on CTV. this season is, "If you don't grow, you may not go." But aside from maturation as dancers, she said the new round of rug-cutters must learn to deal with cameras following their every lock step and walk, and drop



Leah Miller hosts So You Think You Can Dance Canada.

their guards early on. "You can't wait

for this growth epiphany to necessarily hit you in the top eight week because you may only get to the top 16," she said, "You have to let go and be yourself full-out. It sounds redundant, but that is what can win the show.

But judging by the success of some first season finalists - Miles Faber landed a co-starring role in an MTV film, Natalli Reznik was to backup dance for Michael Jackson's tour before his death and Tamina Pollack-Paris danced with Lady Gaga at June's Much-Music Video Awards dancers need not come in first to flourish.

DVD picks



I Love You, Man **Director: John Hamburg**

STRAIGHT would sooner skinny dip with sharks than admit to a "bromance," which to them implies weakness or - horrors! tent homosexuality.

I Love You, Man takes this Freudian courtship to comic extremes with the odd-couple pairing of uptight realtor Peter (Paul Rudd) and his free-ranging

pal Sydney (Jason Segel). Peter realizes he has no close male buddy to be best man for his upcoming wedding to the fetching Zooey (Rashida Jones of TV's The Office).

A chance meeting with Sydney at an open house for Lou Ferrigno's L.A. mansion (Hulk jokes, ahoy!) opens a new world for Peter. The duo quickly bond over matters of sex. canine defecation, food and alcohol and Toronto's own Rush, a.k.a. "The Holy Trinity." Zooey starts to get jealous, Lord knows why.

It's a one-joke pony, but director John Ham-burg (Along Came Polly) and his screenwriters manage to stretch it to nearly two hours of hilar-

ity and quasi-profundity. Extras include extended and deleted scenes, a commentary by Hamburg, Rudd and Segel, a making-of featurette and a gag reel.

Peter Howell/for Metro Canada

critics'corner_

Scotty Moore & Friends:
A Tribute to the King of
Rock and Roll
Who's Scotty Moore? Ask the
nearest Elvis Presley fan. Tennessee-born Moore is a guitarist who played with Elvis back
in the day, starting with his first
hit, "That's All Right (Mama)"
in 1954. In this special, Moore
gathers some other musical
legends to perform Presley's
music, including Eric Clapton,
David Gilmour, Mark Knopfler,
Ron Wood and Bill Wyman.
Dust off your blue suede shoes,
fix yourself some peanut butter fix yourself some peanut butter and banana sandwiches, and enjoy! 7 PM on BRAVO



So You Think You Can Dance

The contestants have gotten sharper, according to judge Jean Marc Genereux, who returns for the second season of Canada's

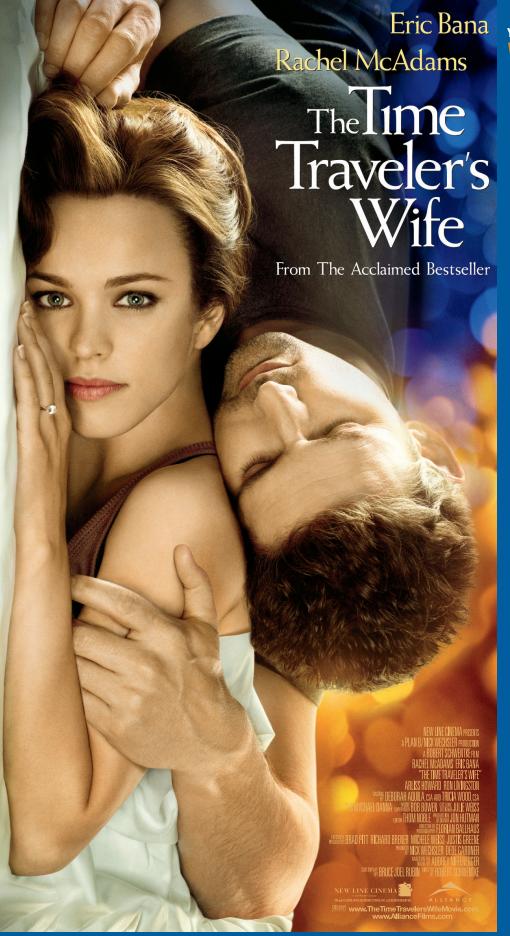


homegrown dance competition along with fellow judge Tre Armstrong, rotating third judges Blake McGrath and Luther Brown, and host Leah Miller. Having watched and learned from each poor this work. from season one, this year's auditioners know what to expect — so they're ready. The dancer dubbed Canada's favorite gets \$100,000 and lots of career exposure. 8 PM on CFCN









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IN THEATRES AUGUST 14







18 entertainment



It's another boy for Elisabeth Hasselbeck and her husband of seven years, former NFL quarterback Tim Hasselbeck. The 32-year-old View co-host welcomed son Isaiah Timothy on Sunday in New York City, people.com reports. METRO NEWS SERVICES

Celebrity Buzz

OPENING UP Reality TV star Kate Gosselin gave her first interview since separating from her husband in June, magazine.com reports.

Asked about Jon's girlfriend Hailey Glassman, Gosselin told the Today show, "I was shocked, but ... that's his life and they don't affect me directly at this point.

'The most hurt-

ful part is when his decisions directly affect our children. That's the hardest part for me," she continued

She added: "I go back very often to our vow renewal in Hawaii ... In that moment, I meant those vows. And there was no option for us other than to be together. And so much has changed." METRO NEWS SERVICES

Elle mag blacklists Lindsay

OUCH Not everyone has warmed to Lind-Lohan. Lorrain Candy, the editor-in-chief of Elle U.K., calling Lohan's behaviour at a photo





'So much has changed' Michael finally laid to rest?

CLOSURE Michael Jackson's body has finally been laid to rest, sources tell the Daily Mirror. His burial took place with no fanfare at the Forest Lawn Memorial Cemetery in the Hollywood Hills, and his family wants to keep the location of the grave a secret.

"Other than the Jackson family and the management at Forest Lawn, no one knows the exact spot,' a source told the paper. "Staff at the cemetery have been fed several different locations. It's as if they are hoping to confuse everyone so it can't leak out.'

As well, despite a tabloid report saying otherwise, longtime friend Mark Lester is not the father of Jackson's daughter Paris, nor is he claiming paternity, sources

tell People. Jackson family attorney Londell McMillan adds that the story is an unproven

and meaningless claim, and the probate court has no reason to doubt the late star is father to all three kids.

"These are just merely claims with no legal standing whatsoever," McMillan told People.

One source says while Lester did donate sperm, the timing doesn't line up for that sperm to have been used to conceive Paris. METRO NEWS SERVICES

Miley gets saucy at Teen Choice **SHORT SHORTS** Miley Cyrus

is courting controversy again after her performance at the Teen Choice Awards. The Disney star performed her new single, Party in the USA, dressed in supershort shorts and black leather boots while dancing provocatively around a pole mounted on top of an ice cream cart.

Dancing with the **Stars wants Paula**

METRO WORLD

JOB OFFER She might be out at American Idol, but Dancing with the Stars is ready to take Paula Abdul. ABC president Steve McPherson he'd love to add her to its panel.

"I think she's a huge talent. There's a sensitivity and an empathy that balances out Idol, and we'd love to get a piece of that."

METRO WORLD NEWS

Mercury talk strictly verboten: Piven

TRUTH TO EVERY JOKE? Note to those around Entourage star Jeremy Piven: Don't mention that whole mercury-poisoning thing, popeater.com advises. The website reports ex-Saturday Night Live star Chris Kattan apparently got a dose of Piven's rage behind the scenes at MTV's It's On With Alexa Chung last week. According to

the NY Daily News, the pair got into a shouting match when Kattan asked Piven: "So, what are you here to promote, your Broadway play?," refer-ring to Piven's excuse

that he had mercury poisoning when he left the show Speed the Plow in December.

Piven sponded with a dig at Kattan's best-known character on SNL: "Well, what are you here to promote? Mango?" Though Kattan thought

Piven was joking, a witness says Piven stepped up his insults. "(Kattan) said 'Whoa, man - I thought we were just fooling around here," to which Piven allegedly responded: "I'm getting sued for that s-t ... It's not funny."

METRO NEWS SERVICES





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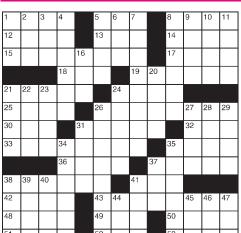
Afternoon clouds 24 ° / 11 °











Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone - one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

			9	2				7
3		4		8		5		
					3			1
	3	9	8	1		2		
		8				7		
		1		5	7	8	3	
8			4					
		3		7		9		6
5				3	6			

1 Send forth 5 Radio watchdog org. 8 Tarzan's mate 12 Exposed 13 Blunder 14 Reed instrument 15 Shiner 17 Get better 18 Smack 19 Carelessness? 21 Alley "oops"? 24 Fed 25 Great Lake 26 Haughty sort 30 In medias -31 Audit, perhaps 32 Literary collection 33 Decorative cutout 35 Eccentricity 36 "We'll tak' o' kindness yet" 37 Tennessee county 38 Palin's baili-

wick

41 Awful

42 Society newbies 43 Yuletide refrain words 48 Sandwich shop 49 Poolroom stick 50 Con 51 Terrier type 52 Shrill bark

53 — moss

1 Recede — de mer 3 Playwright Levin 4 Computer fixer 5 Yard portions 6 Weep 7 Slapstick missile 8 One of the Bachs 9 Help a crook 10 Ark builder 11 Slithery 16 Tool set 20 Analgesic target

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

3 4

9

8 2 3

1 6 8

4 3 2 8 6 9

1 7

21 Antitoxins 22 Get ready quickly? 23 Sylvester's impediment 24 Rose 26 Spiciness 27 Prison 28 Hathaway or Heche 29 Tibetan herd 31 Ailing 34 Dog of film and TV 35 Abduct 37 Cowboy's sweetie 38 Tosses in 39 Onionlike vegetable 40 With skill 41 Gridlock sound 44 Overseas agreement?

45 Inseparable

46 Greek vowel

47 Torched

2 8 6 3 5 1 4 9 7

8

2

9 7 6 5 2 8

4 2 8 6 1 3

1 9 5 7 6 4

6 4 3 8 5 2

5 3 7 2 4 9

1 7 5

daily (

Metro Recipe of the Day

Baked Chicken with Tomatoes

INGREDIENTS:

1 egg 1/2 tsp (2 ml) salt 1/2 cup (125 ml) toasted Brazil nuts or blanched almonds, finely chopped

1/3 cup (75 ml) wheat 4 boneless skinless chick-

en breasts 2 tbsp (25 ml) olive oil 2 cups (500 ml) grape or cherry tomatoes, halved 1 tsp (5 ml) dried basil METHOD:

1. Preheat oven to 425 F (220 C). Coat a baking sheet with cooking spray 2. Place egg and salt in a shallow dish and whisk with 1 tbsp (15 ml) water. In another shallow dish, combine nuts and wheat

germ. Dip chicken breasts into egg and then nut mixture.

3. Place on baking sheet and coat with cooking spray. Bake, turning once, 15 to 20 minutes (depending on thickness) or until cooked through and crispy.

4. Meanwhile, heat oil in large skillet over medium-high heat. Add tomatoes and basil: cook until just browned, 3 minutes. Serve with chicken.

SERVES 4

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For nutritional infor mation on this and other great recipes, go to **rd.ca** or check out Key Ingredients in this month's Reader's Digest, on



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES MARCH 21-APRIL 20

A breakthrough of some kind is likely today, and although there may be a price to pay for your good fortune you will consider it worthwhile.

LIBRA SEPT 23-OCT 23

Something that has been keeping you awake with worry until the early hours needs to be dealt with or you may never catch up on your beauty sleep.

TAURUS APRIL 21-MAY 21

You will need the support of family members and other relatives for what you are plan-ning because you won't get far

without it. **SCORPIO**

OCT 24-NOV 22
Today's Mars-Saturn link-up makes you determined to let people in positions of authority know you are special. This is no time to be modest.

GEMINI

On the web

MAY 22-JUNE 21 If you want to change your life for the better you have got to stop wasting so much of your time on so many irrelevant activities.

SAGITTARIUS

NOV 23-DEC 21
Voices will be raised and tempers will be lost today — that's inevitable — but with the right attitude most of the uproar will pass over your head.

CANCER JUNE 22-JULY 22

ALL THOSE BEADY

LITTLE EYES WATCHING ME EAT, IT'S CREEPY!

You will be much quicker off the mark today than you have been of late and if you see a chance to make money you won't hesitate in the slightest.

CAPRICORN **DEC 22-JAN 20**

Some people will always refuse to see sense, no matter what the facts are. It may be tempting to show up one such person today, but why bother?

LEO JULY 23-AUG 23

It may feel as if you can take on the world and win but that's more likely to be true if you resist the urge to scatter your energy in all directions.

AQUARIUS

JAN 21-FEB 18
You'll be hugely energetic today but you'll also be limited in what you can do, most likely because you don't have the re-sources to follow through.

VIRGO AUG 24-SEPT 22

Once again you're paying too much attention to what others say and not enough to what your heart tells you. Just listen to and act on your instincts.

PISCES FFR 19-MARCH 20

You may find it hard to understand why something is taking so long but getting hot under the collar about it won't

change a thing. Be patient.



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uite \$849

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